

Signature Box
\$30

Balanced Nutrition and Variety with enough food to assist in feeding a family of four for about one week.

- 1.5 lb. Rib-Eye Steaks (4 x 6 oz.)
- 2 lb. Lasagna Dinner Entrée
- 1.5 lb. Breaded Fish Fillets (12 ct.)
- 1 lb. Lean Ground Beef
- 1 lb. Lean All White Meat Chicken Sausage
- 1.5 lb. Country Fried Steak (4 x 6 oz.)
- 14 oz. - 16 oz. Hickory Smoked Center Cut Ham Steaks
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Sliced Zucchini
- 15 oz. Baked Beans
- 24 oz. Natural Cut French Fries
- 1.3 lb. Frozen Fruit Medley
- 2 lb. Fresh Vidalia Onions
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

Convenience Meals
Great for seniors and people living with diabetes!

\$28

Ten perfectly seasoned, nutritionally balanced, fully cooked meals — just heat and serve. Each meal has been developed with the dietary needs of senior citizens and people living with diabetes in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Mesquite Chicken
- Salisbury Steak & Gravy
- Country Herb Chicken
- Chicken Parmesan
- Meatloaf & Gravy
- Chicken Teriyaki
- Chicken & Noodles
- Swedish Meatballs
- Fettuccini Alfredo
- Beef Stew
- Variety of Desserts and Snacks

Allergen-Free Food Box
\$23

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Cubed Steak
- 2 lb. Breaded Chicken Drumsticks

Battered/breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

6.4 lb. Premium Seafood Variety Box
\$35

- 1.1 lb. Crab Cakes (5 ct.)
- 1.3 lb. Haddock Fillets
- 1.5 lb. Crunchy Popcorn Shrimp
- 1 lb. Breaded Clam Strips
- 1 lb. Medium Raw Shrimp
- 8 oz. Mahi-mahi (2 x 4 oz.)

Just 4 Me - After School Box
\$24

Assorted child-friendly snacks. Great for after school or any time.

- 1.5 lb. Fish Sticks
- 1.5 lb. Mini Corn Dogs
- 1 lb. Popcorn Chicken
- 2 each Pepperoni Pizza (6.5 oz. each package)
- 2 each Peanut Butter and Jelly Jamwich (2.8 oz. ea.)
- 15.6 oz. Pepperoni Stuffed Breadsticks
- 7.2 oz. Mini Moon Pies (6 ct.)
- 2 each Twin Charbroil Hamburgers with Cheese
- 2 each PBJ on Graham Wafer (2.2 oz. each)

Just 4 Me - After School Fruit and Veggie Box
\$16

Healthy fruit snacks especially for kids.

- 3 Red Delicious Apples
- 3 Granny Smith Apples
- 3 Fancy Oranges
- 3 D'Anjou Pears
- (4) 2 oz. packs Celery Sticks
- (1) 6-pack Raisins
- 1 lb. Premium Whole Peeled Baby Carrots
- 4 Chewy Granola Bars
- 12 oz. Peanut Butter

MAY SPECIAL #1 \$23

- 6.5 lb. Assorted Meat Grill Box**
- 1.5 lb. Bone-In New York Strip Steaks (2 x 12 oz.)
 - 2 lb. Baby Back Ribs
 - 1.5 lb. Hamburger Patties (4 x 6 oz.)
 - 1.5 lb. Mild Italian Sausage with Cheese

MAY SPECIAL #2 \$22

- 4 lb. Steak Box**
- 4 lb. Sirloin Strip Steaks (8 x 8 oz.)

MAY SPECIAL #3 \$19

- 12 ct. Gourmet-Flavored Chicken Breast Box**
- 4 Mesquite Chicken Breast (6 oz. ea.)
 - 4 B-B-Q Chicken Breast (6 oz. ea.)
 - 4 Italian Chicken Breast (6 oz. ea.)

MAY SPECIAL #4 \$35

- 4 for 4 Family Meals**
4 complete meals with all you need to feed a family of 4.
- Beef Tips and Gravy** - 1.5 lb. Beef Tips and Gravy, 1 lb. Egg Noodles, 1 lb. Vegetable Blend (zucchini, carrots, Italian beans and cauliflower)
 - Split Whole Chicken** - 3 lb. (avg.) Whole Split Chicken, 1 lb. Stir Fry with Vegetables, 1 lb. Green Beans
 - Choice Roast Beef** - 1.5 lb. Choice Roast Beef, 1.5 lb. Potato Medley, 1 lb. Green Beans
 - Baby Back Ribs** - 2 lb. Baby Back Ribs, 1 lb. Corn, 1 lb. Green Beans

MAY SPECIAL #5 \$22

- Premium Fresh Fruit and Veggie Box**
- 1 head Cello Lettuce
 - 1 head Sleeved Romaine Lettuce
 - 1 lb. bag Fresh California Carrots
 - (1) 6 oz. pack Radishes
 - 1 Red Onion
 - 5 oz. bag Fresh Gourmet Salad Croutons
 - 1 (16 oz.) Salad Dressing
 - 3 lb. bag Idaho Potatoes
 - 2 lb. bag Jazz Apples
 - 3 lb. bag Oranges
 - 1 Package Roma Tomatoes
 - 6 California Lemons
 - AFM May Fruit and Veggie Recipe Sheet

MAY SPECIAL #6 \$21

- Bit O' Blessing Box**
- 28 oz. Salisbury Steak and Gravy Dinner Entrée
 - 12 inch Supreme Pizza
 - 1 lb. Steak Fajita Strips
 - 1 lb. Kielbasa Sausage
 - 2 lb. Heat and Serve Broccoli and Cheese Soup
 - 2 lb. Heat and Serve Green Beans
 - 1 lb. Corn
 - 1 lb. Hash brown Patties
 - 1 Pie

Options For Ordering:

Walk-in Cash, Check, Money Order or Link
Fri Apr 30 & Fri May 7,
Noon to 4 PM at
1311 W. Hovey Ave., Normal

On-line www.angelfoodministries.com
Click on 'How to Order'

Mail-in

Detach bottom & mail with payment & self-addressed stamped envelope to 1311 W. Hovey Ave., Normal, IL 61761

Order must be postmarked by Mon. May 3

Distribution is on May 22

Pick up food between 8:00 & 9:30 AM

Bring a STURDY Box or laundry box

Regardless of circumstance any groceries not picked up will be donated to charity.

May 2010 Mail Order Form

Enclose a self-addressed stamped envelope for a receipt

Name _____

Address _____

Phone _____

Email _____

- Basic Units: _____ X \$30 = \$ _____
- Singles Units: _____ X \$28 = \$ _____
- Allergen Free: _____ X \$23 = \$ _____
- SeaFood Pack _____ X \$35 = \$ _____
- Just 4 Me _____ X \$24 = \$ _____
- Just 4 Me-Fruit _____ X \$16 = \$ _____

- Special #1 Quantity _____ X \$23 = \$ _____
- Special #2 Quantity _____ X \$22 = \$ _____
- Special #3 Quantity _____ X \$19 = \$ _____
- Special #4 Quantity _____ X \$35 = \$ _____
- Special #5 Quantity _____ X \$22 = \$ _____
- Special #6 Quantity _____ X \$21 = \$ _____

Make Checks Payable to Total \$ _____
Grace Church